

2004 Spring Duathlon Results**Rotary Park May 29, 2004****Open 4k-20k-4k****Rec 2k-8k-2k****Open Men**

Competitors	Bib #	Run 1	T1	Bike	T2	Run 2	Total
Darren Keith	61	0:15:50	0:00:39	0:34:51	0:00:36	0:16:22	1:08:18
Andrew Poucher	187	0:14:07	0:00:26	0:43:49	0:00:15	0:14:03	1:12:40
Julian Kanigan	50	0:15:07	0:01:00	0:40:53	0:01:03	0:16:01	1:14:04
Damian Panayi	56	0:15:50	0:00:53	0:41:55	0:00:42	0:16:40	1:16:00
Michael Gilday	90	0:15:56	0:00:47	0:43:55	0:00:32	0:16:41	1:17:51
Robin Johnstone	51	0:16:58	0:01:03	0:41:44	0:01:08	0:16:59	1:17:52
Shane Clark	60	0:16:31	0:00:41	0:43:42	0:00:39	0:16:51	1:18:24
Chris Vezina	53	0:15:34	0:00:33	0:44:51	0:00:48	0:17:05	1:18:51
Ewan Affleck	47	0:16:32	0:00:39	0:43:26	0:00:33	0:19:21	1:20:31
Roger Armstrong	52	0:20:16	0:00:52	0:40:50	0:00:32	0:20:10	1:22:40
Conrad Schubert	48	0:19:30	0:00:30	0:42:42	0:01:14	0:19:23	1:23:19
Greg Krysko	54	0:19:11	0:00:42	0:43:39	0:00:28	0:20:29	1:24:29
Rahul Khosla	59	0:18:12	0:00:33	0:46:03	0:00:29	0:20:27	1:25:44
Rob Marois	55	0:17:23	0:00:33	0:48:17	0:00:48	0:19:20	1:26:21
David Nurse	58	0:20:00	0:01:05	0:44:59	0:01:16	0:19:45	1:27:05
Kevin Hodgins	49	0:23:53	0:00:29	0:48:47	0:00:29	0:23:31	1:37:09
Kelly Chiang	57	0:20:00	0:00:30				DNF

Open Women

Competitors	Bib #	Run 1	T1	Bike	T2	Run 2	Total
Amanda Harwood	460	0:15:25	0:00:53	0:47:36	0:00:23	0:15:00	1:19:17
Marie-Claude Lebeau	45	0:18:02	0:00:15	0:41:41	0:00:54	0:18:38	1:19:30
Janice Beland	41	0:14:59	0:01:07	0:46:33	0:00:46	0:16:29	1:19:54
Shawne Kokelj	40	0:19:10	0:00:38	0:41:30	0:00:24	0:19:34	1:21:16
Kim Cliffe-Phillips	36	0:19:06	0:01:16	0:41:54	0:00:30	0:20:20	1:23:06
Lore-Ann Krysko	44	0:19:43	0:00:32	0:46:52	0:00:24	0:20:01	1:27:32
Rebecca Latour	42	0:19:42	0:00:48	0:48:25	0:01:13	0:20:09	1:30:17
Maria Santos	156	0:21:35	0:00:36	0:51:57	0:00:39	0:23:09	1:37:56
Karin Clark	43	0:20:26	0:00:20	0:54:12	0:00:21	0:22:37	1:37:56

Rec Women

Competitors	Bib #	Run 1	T1	Bike	T2	Run 2	Total
Daisy Moores	194	0:09:59	0:00:55	0:18:51	0:00:28	0:09:26	0:39:39
Michele Culhane	181	0:10:23	0:00:40	0:18:18	0:00:20	0:10:28	0:40:09
Margaret Tuner-Davis	62	0:09:52	0:00:49	0:18:47	0:00:28	0:11:01	0:40:57
Donna Mulders	163	0:10:11	0:01:12	0:21:44	0:00:42	0:10:12	0:44:01
Miriam Wideman	164	0:10:12	0:01:11	0:21:48	0:00:38	0:10:12	0:44:01
Sandra Nielson	124	0:11:18	0:00:49	0:19:54	0:00:26	0:12:12	0:44:39
Monica Koetzle	187	0:10:41	0:03:09	0:22:23	0:00:17	0:11:12	0:47:42
Mindy Willett	123	0:12:42	0:00:34	0:21:55	0:00:29	0:13:07	0:48:47

Rec Team

Competitors	Run 1	T1	Bike	T2	Run 2	Total
Team 4 Stuart Berry/Ray Gentile	0:09:03	0:00:23	0:16:59	0:00:25	0:09:11	0:36:01
Team 1 David and Ari Livingstone	0:07:40	0:00:09	0:21:16	0:00:10	0:10:01	0:39:16
Team 3 Sharon Burke/Susan Chatwood	0:09:03	0:00:41	0:23:28	0:00:06	0:09:54	0:43:12
Team 6 Zander Affleck/Avery Burke	0:10:02	0:03:46	0:22:56	0:00:01	0:10:51	0:47:36

Open Team

Competitors	Run 1	T1	Bike	T2	Run 2	Total
Team 2 Alana Kronstal/Heather Scott	0:18:13	0:00:10	0:40:04	0:00:16	0:19:00	1:17:43