

Name	Run 1 time	Trans1 Time	Bike Time	Trans2 Time	Run 2 time	Finish	Position
Male Full Distance							
Simon Pulfrey	0:05:04	0:00:19	0:51:22	0:00:25	0:21:34	1:18:44	1
Michael Gilday	0:05:10	0:00:29	0:52:59	0:00:17	0:23:02	1:21:57	2
Julian Kannigan	0:05:12	0:00:28	0:58:07	0:00:29	0:24:01	1:28:17	3
Sean Rooney	0:06:03	0:00:31	1:13:33	0:00:30	0:26:55	1:47:32	4
Greg Krysko	0:07:21	0:00:55	1:14:05	0:01:06	0:32:24	1:55:51	5
Frank Bird	0:07:27	0:01:24	1:12:46	0:01:14	0:37:20	2:00:11	6
Lee McGreish	DNF					DNF	
Female Full Distance							
Jen Lange	0:07:11	0:00:56	1:11:49	0:00:37	0:32:00	1:52:33	1
Loreann Krysko	0:07:20	0:00:27	1:14:32	0:01:08	0:32:24	1:55:51	2
Male Recreational Distance							
Colin Joyal	0:05:54	0:01:10	0:47:15	0:01:05	0:28:16	1:23:40	1
J.F. Dufour	0:07:00	0:00:37	0:52:25	0:01:03	0:34:13	1:35:18	2
Paul Sherme	0:07:03	0:00:36	0:53:43	0:01:50	0:35:27	1:38:39	3
Female Recreational Distance							
Kari Pollock	0:07:47	0:00:35	0:54:52	0:00:38	0:36:47	1:40:39	1
Team - Full Distance							
Marie-Claude Lebeau Darren Keith	0:05:40	0:00:03	0:53:12	0:00:14	0:27:41	1:26:50	1
Shawne Kokelj Steve Kokelj	0:05:03	0:00:21	1:09:04	0:00:15	0:22:05	1:36:48	2
Heather Scott Rhian Christie	0:06:01	0:00:43	1:15:51	0:00:01	0:29:30	1:52:06	3
Team - Recreational Distance							
Tim Laity Daniel Laity	0:07:16	0:00:14	0:55:38	0:00:18	0:32:57	1:36:23	1
Liam Mckay Roger Armstrong	0:09:05	0:01:54	1:06:54	0:02:37	0:15:25	1:35:55	2

Note: Roger only ran 1 lap of the running course

Official Distances			
Class	Run 1	Bike	Run 2
Full	1.25km	14.85km	5.15km
Rec	1.25km	10.0km	5.15km